



22-250 Remington

.224"	22
Weight (grains)	Spitzer SP
Ballistic Coefficient	45
Sectional Density	0.143
COAL Tested	0.128
Speer Part No.	2.235"
	1023

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant AR-Comp	Federal	Federal 210	32.3	3758	35.3	4038
IMR 8208 XBR	Federal	Federal 210	31.2	3753	34.6	3995
Alliant Reloder 10X	Remington	CCI 200	30.5	3569	34.5	3974
Ramshot X-Terminator	Federal	Federal 210	30.2	3653	33.5	3953
Accurate 2460	Remington	CCI 250	33.5	3333	37.5	3898
Alliant Reloder 15	Remington	CCI 200	35.0	3351	39.0	3897
Alliant Power Pro 1200-R	Federal	Federal 210	28.0	3678	30.5	3896
Hodgdon Varget	Remington	CCI 200	33.5	3345	37.5	3881
IMR 4320	Remington	CCI 200	35.5	3364	39.5	3867
Vihtavouri N130	Federal	Federal 210	27.8	3624	30.6	3843
Vihtavouri N135	Remington	CCI 200	32.5	3372	36.5	3832
Hodgdon H380	Remington	CCI 250	38.5	3317	42.5 C	3748
Winchester 748	Remington	CCI 250	34.5	3170	38.5	3708
Winchester 760	Remington	CCI 250	37.5	3194	41.5 C	3693
IMR 4064	Remington	CCI 200	33.5	3207	37.5	3665
Winchester H414	Remington	CCI 250	37.5	3183	41.5 C	3659
IMR 4895	Remington	CCI 200	32.0	3209	36.0	3647
Hodgdon BL-C(2)	Remington	CCI 250	33.5	3179	37.5	3633
IMR 3031	Remington	CCI 200	31.5	3211	35.5	3628
IMR SR 4759 (reduced load)	Remington	CCI 200	9.5	1656	11.5	1984

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load