



220 Swift

.224"	22 Spitzer SP	22 TNT® HP
Weight (grains)	50	50
Ballistic Coefficient	0.207	0.228
Sectional Density	0.142	0.142
COAL Tested	2.650"	2.650"
Speer Part No.	1029	1030

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant Reloder 17	Hornady	CCI 200	39.5	3561	43.1	3952
Alliant Power Pro 4000-MR	Hornady	CCI 200	41.5	3561	45.6 C	3942
Alliant Power Pro 2000-MR	Hornady	CCI 200	37.5	3570	41.6	3930
IMR 4451	Hornady	CCI 200	40.6	3544	44.5 C	3890
Alliant AR-Comp	Hornady	CCI 200	33.5	3560	37.1	3863
Alliant Reloder 16	Hornady	CCI 200	40.5	3589	43.5 C	3858
Vihtavuori N160	Winchester	CCI 200	42.0	3391	46.0 C	3788
Hodgdon H380	Winchester	CCI 250	40.0	3450	44.0	3772
Alliant Reloder 15	Winchester	CCI 200	36.0	3329	40.0	3706
Hodgdon H414	Winchester	CCI 250	38.5	3370	42.5	3694
Accurate 4350	Winchester	CCI 200	41.0	3288	45.0 C	3685
Winchester 760	Winchester	CCI 250	38.5	3310	42.5	3668
Vihtavuori N140	Winchester	CCI 200	35.0	3342	39.0	3665
Alliant Reloder 19	Winchester	CCI 200	42.0	3219	46.0 C	3647
IMR 4350	Winchester	CCI 200	40.0	3211	44.0 C	3630
IMR 3031	Winchester	CCI 200	33.0	3227	37.0	3538
IMR 4831	Winchester	CCI 200	40.0	3064	44.0 C	3531
IMR 4064	Winchester	CCI 200	34.0	3156	38.0	3497
Accurate 2700	Winchester	CCI 250	36.0	3117	40.0	3455
IMR SR 4759 (reduced load)	Winchester	CCI 200	11.0	1668	13.0	1968

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load